

Friendship: One is the Loneliest Number -- Shayne Brown

“According to data from the General Social Survey (GSS), the number of Americans who say they have no close friends has roughly tripled in recent decades. “Zero” is also the most common response when people are asked how many confidants they have, the data showed.” Time Magazine

- The average number of Facebook friends 338
- The median number of Facebook friends is 200
- The average number of close confidants in a person's life has decreased from 3 down to 2 in the last 20 years.
- Among those who reported only one confidant in one study, nearly 1/3 of those said their confidant couldn't be counted on for love money or shelter if those needs were to arise.

Why are we so disconnected?

- **Increased Mobility**
- **Modern Conveniences**
- **The Rise of Social Media**

Ultimately there is a Sin issue

Along time ago in a garden far far away...

Genesis 3:1-13

“Because Adam and Eve chose the pleasures of sin, humanity has inherited the pain of loneliness and the pain of separation from God and others. At its root, loneliness began in the garden of Eden, and we are all children of Eden.” Paul Matthies

You are not alone in your loneliness

Psalm 142, Ecc 4:7-8, Mt 27:46, Mt 26:36-46

This is not God's Plan

Genesis 2:18, “The LORD God said, “It is not good for the man to be alone. I will make a helper suitable for him.”

Relationship is God's Design

Got Questions? Text 519-893-2951 or email shayne@pathwaycc.ca

- 1) Take time to review Sunday's teaching. What was one idea or thought that really grabbed your attention?
- 2) What was something you disagreed with or that challenged you the most?
- 3) Do you think it is possible to be lonely even when surrounded by other people? Why or why not?
- 4) Have you ever experienced loneliness? What was this like?
- 5) Read Psalm 142.
 - a) What verse stands out to you most as you read this passage and why?
 - b) Does it encourage you to know that King David also felt lonely? Why or why not?
 - c) What can we learn from a passage like this?
- 6) Spend time praying for one another this week.